

CONTENTS

PROLOGUE.....	1
BRIEFLY ABOUT EVERYTHING.....	4
CONCEPTION OF THE BREATH OF LIFE	9
I AM ABNORMAL	16
A RADICAL CHANGE	21
BAGGAGE	27
DON'T CONFUSE TRAVELING WITH TOURISM.....	33
SCHOOL OF LIFE	38
WASTE OF TIME	45
GET LOST TO GET FOUND.....	51
A GURU'S PREDICTION.....	55
THE PRISON OF A FREE PERSON.....	61
FREEDOM	
PART 1 A WAY TO THE FREEDOM.....	67
PART 2 REALIZATIONS.....	73
SUFFERING – IS THE BASIS OF ALL	76
KARMA OF MY TRIP	81
UNEMPLOYED AND HOMELESS	88
WITHOUT MONEY.....	93
I'LL DO WHAT I CAN.....	99
ABOUT HAPPINESS	102
JOYFUL FUNERAL	
PART 1 IN A SEARCH OF FUNERALS.....	110
PART 2 DISAPPOINTMENT.....	114
BREATH, WHAT IS IT?	119
BACK AND FORTH LIKE IN A CAGE	123
COMFORT	127
SINCERITY	132
WHY ONE NEEDS A RELIGION	141

MORE THAN JUST TRAVELING	147
I'M IN A SECT.....	155
FOLLOWING MONKS.....	162
THE BEAUTY OF LIFE	169
REFLEXION AND THINKING	174
I CANCEL «I».....	181
HOW LUCKY!	186
WISDOM	191
PLEASURE OF TRAVELING	200
A SITUATION.....	206
IT DOESN'T MATTER IF YOU'RE DEAD OR ALIVE	211
REALIZATIONS FROM TRAVELING	219
PECULIARITIES OF COMMUNICATION	224
DIFFICULTIES IN COMMUNICATION IN CHINA	229
ON A TRAIN IN INDIA.....	234
VIETNAM, A SURVIVAL BATTLE	240
WHEN EUROPE MEETS ASIA.....	248
HOW IT ALL WAS CONCEPTEED	253
I AM SICK WITH TRAVELING	
PART 1 HOW I BECAME SICK.....	257
PART 2 PROGRESS OF A DISEASE	261
DICISIVENESS.....	266
VIEW ON TRAVELING	
PART 1 A NEWBIE'S IMPRESSIONS.....	271
PART 2 PROFESSIONAL TRAVELER.....	277
WHAT IS THE USE OF ME?.....	284
A MESSAGE FROM AN ALIEN	288
CLEANLINESS AND ORDER	294
FLUCTUATIONS PERIODS	301
LIVING DREAMS OF OTHERS	305